



## CHEF'S GOURMET DU JOUR MENU

### Just heat and serve

Janssen's Market offers a wide variety of chef-made gourmet-to-go entrées, side dishes and salads, from black bean salad to prime tenderloin and sweet chili tuna to fresh-cut fruit salad. Whether you're having guests for dinner or just dining at home with your family, we've got something to suit every taste. Plus, see inside for a complete gluten-free menu!

**Check back daily for the latest in our fresh-made, exceptional fare!**



# CHEF'S GOURMET DU JOUR MENU

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WWW.JANSSENSMARKET.COM



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\*Gluten Free

## ENTREES

### POULTRY

Wings (BBQ, Buffalo)  
Chicken Marsala\*  
Spicy Breaded Chicken  
Italian Chicken\*  
Chicken Stir Fry

### TURKEY

Italian Roasted Turkey\*  
Turkey Meatloaf

### BEEF & VEAL & LAMB

Roasted Tenderloin\*  
Stuffed Peppers\*  
Meatloaf\*  
Lolli Pop Lamb Chops\*  
Hungarian Goulash  
Salisbury Steak

### PORK

Sundried Tomato Boneless Porkchops\*  
BBQ Ribs  
BBQ Shredded Pork\*  
Pork loin w/ Spinach & Roasted Red Peppers\*  
Balsamic Boneless Pork Chop\*

## SIDE DISHES

### VEGETABLE

Roasted Butternut Squash W/ Cranberries Goat  
Cheese & Walnuts\*  
Ratatouille\*  
Green Bean Almondine\*  
Honey Glazed Carrots\*  
Tomato, Basil & Mozzarella Salad\*  
Mexican Bean Salad  
Brussel Sprout Medley\*  
Steamed Green Beans\*  
Eggplant Parmesan  
Brussel Sprouts w/ Pancetta & Mozzarella\*

## SALADS

Chateau, Brandywine, Traditional)	Beet Salad
Coleslaw	Black Bean Salad
Rosemary Turkey Salad	Cucumber & Tomato Salad
Potato Salad (Sour Cream + Chive, German, Traditional)	Lobster, Shrimp and Crab Salad
Tuna (Traditional, No Relish, Yellow Fin)	Seafood Salad
White Bean Salad	Macaroni Salad
	Egg Salad

### FISH & SEAFOOD

Salmon (Poached\*, Grilled\*, Teriyaki)  
Homemade Crab Cakes\*  
Flounder (Breaded, Almond)  
Catfish (Cornmeal Crusted)  
Grouper (Herb\*)  
Chesapeake Shrimp\*  
Cod (Provençal, Lemon Dill Sauce)\*

### RICE/GRAIN

Mexican Rice W/ Poblano Peppers & Onion

### PASTA

Tuna Macaroni Salad  
Sweet Potato Orzo  
Greek Orzo  
Pesto Gemelli Pasta Salad  
Honey Lemon Bowtie Pasta Salad  
Lobster Ravioli  
Grilled Vegetable Cous Cous  
Meat Lasagna  
Summer Pasta Salad  
Penne Arugula Pasta Salad

### POTATO

Maple Whipped Yams\*  
Herb Roasted Sweet Potatoes\*

### Miscellaneous

## FRUIT/ DESSERTS

Apple Sauce  
Fruit Salad  
Assorted Pudding  
Pies, Pastries and much more)

Visit Our Bakery Daily for Gluten Free Cakes, Cookies, Pies,  
Pastries and Much More!

