



CHEF'S GOURMET DU JOUR MENU

Just heat and serve

Janssen's Market offers a wide variety of chef-made gourmet-to-go entrées, side dishes and salads, from black bean salad to prime tenderloin and sweet chili tuna to fresh-cut fruit salad. Whether you're having guests for dinner or just dining at home with your family, we've got something to suit every taste. Plus, see inside for a complete gluten-free menu!

Check back daily for the latest in our fresh-made, exceptional fare!

CHEF'S GOURMET DU JOUR MENU

Wednesday, July 22, 2026

Please note; menu subject to change - *items are gluten free

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ENTREES

POULTRY

Chicken & Black Bean Burrito
BBQ Chicken Bites
Mandarin Orange Ginger Chicken*
Spicy Breaded Chicken
Wings (BBQ, Buffalo)
Chicken W/ Mango Apricot Cranberry Chutney*
Italian Chicken*
Sesame Chicken

TURKEY

Roasted Turkey*
Turkey Meatloaf*
Mandarin Ginger Turkey*

BEEF & VEAL & LAMB

Roasted Tenderloin*
Steak Burrito
Salisbury Steak
Beef Stew
Meatballs In Marinara

PORK

BBQ Shredded Pork*
Balsamic Boneless Pork Chop*
Porkloin W/ Spinach & Roasted Red Peppers*

SIDE DISHES

VEGETABLE

Sauteed Spinach & Garlic*
Tomato Basil Mozzarella Salad*
Brussel Sprouts W/ Mushrooms*
Butternut Squash W/ Mushrooms & Leeks*
Broccoli Slaw*
Zucchini Squash & Peppers*
Spicy Green Beans*
Edamame Succotash*
Golden Beet Salad*

SALADS

Traditional Chicken Salad	Egg Salad
Chateau Chicken Salad	Macaroni Salad
Brandywine Chicken Salad	White Bean Salad
Rosemary Turkey Salad	Black Bean Salad
Traditional Tuna Salad	Beet Salad
Tuna Salad – No Relish	Cucumber & Tomato
Yellow Fin Tuna Salad	Salad
Coleslaw	Seafood Salad
Salad Sour Cream &	Lobster, Shrimp and
Chive Potato Salad	Crab Salad
	Traditional Potato Salad
	German Potato Salad

FISH & SEAFOOD

Homemade Crab Cakes*
Salmon (Blackened*, Poached*, Grilled*)
Chesapeake Shrimp*
Grilled Sea Bass*
Tilapia (Lemon Pepper*, Blackened*)
Catfish (Herb Breaded, Cornmeal, Almond)
Flounder (Coconut, Breaded)
Shrimp & Grits

RICE/GRAIN

Parmesan Risotto
Quinoa Pilaf
Fried Rice

PASTA

Greek Orzo
Summer Linguini Pasta Salad
Sesame Noodles
Penne Arugula Pasta Salad
Cheese Lasagna
Tuna Macaroni Salad
Spinach Ravioli

POTATOES

White Cheddar & Chive Scalloped Potatoes
Potato Knish

MISCELLANEOUS

Spinach Rolls

FRUIT/ DESSERTS

Fruit Salad
Apple Sauce
Assorted Puddings
Pies, Pastries and more

(Visit our bakery daily for Gluten Free Cakes,
Cookies, Pies, Pastries and much more)