



## CHEF'S GOURMET DU JOUR MENU

### Just heat and serve

Janssen's Market offers a wide variety of chef-made gourmet-to-go entrées, side dishes and salads, from black bean salad to prime tenderloin and sweet chili tuna to fresh-cut fruit salad. Whether you're having guests for dinner or just dining at home with your family, we've got something to suit every taste. Plus, see inside for a complete gluten-free menu!

**Check back daily for the latest in our fresh-made, exceptional fare!**



# CHEF'S GOURMET DU JOUR MENU

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## ENTREES

### POULTRY

General Tso's Chicken  
Coconut Chicken  
Spicy Breaded Chicken  
Chicken Cordon Bleu  
Buttermilk BBQ Fried Chicken  
Sesame Chicken

Citrus Lime Turkey\*  
Turkey Meatloaf\*

### BEEF & VEAL & LAMB

Roasted Tenderloin\*  
Poblano Stuffed Peppers\*  
Mongolian Beef  
Meatloaf

### PORK

BBQ Ribs  
Italian Boneless Pork Chops\*  
Mild Sausage w/ Peppers & Onions\*

## SIDE DISHES

### VEGETABLES

Roasted Brussel Sprouts\*  
Steamed Green Beans\*  
Tomato, Basil, Mozzarella & Onion Salad\*  
Edamame Succotash\*  
Golden Beet Salad\*  
Honey Glazed Carrots\*  
Grilled Vegetables\*  
Mediterranean Cucumber Salad\*  
Grilled Corn on the Cob\*

## SALADS

Chicken (Brandywine, Chateau, Traditional)	Beet Salad
Coleslaw	Black Bean Salad
Rosemary Turkey Salad	Cucumber & Tomato Salad
Potato Salad (Sour Cream + Chive, German, Traditional)	Lobster, Shrimp and Crab Salad
Tuna (Traditional, No Relish, Yellow Fin)	Seafood Salad
White Bean Salad	Macaroni Salad
	Egg Salad

### FISH & SEAFOOD

Salmon (Poached\*, Grilled\*)  
Crab Cake\*  
Grilled Sea Bass\*  
Tomato Pesto Cod\*  
Cilantro Lime Tilapia\*  
Breaded Flounder  
Grouper (Breaded, Herb\*)  
Beer Battered Haddock  
Tilapia (Breaded)  
Salmon Cake  
Cajun Cod\*

### RICE/GRAIN

Mexican Bean Salad\*  
White Wine Risotto  
Wild Rice Pilaf

### PASTA

Lasagna (Meat, Spinach)  
Italian Pasta  
Penne Arugula Pasta Salad  
Tuna Macaroni Salad  
Honey Lemon Bowtie Pasta

### POTATOES

Roasted Fingerling Potatoes  
Maple Whipped Yams  
White Cheddar & Chive Scalloped Potatoes  
Garlic Mashed Potatoes

### MISCELLANEOUS

## FRUIT/ DESSERTS

Apple Sauce  
Fruit Salad  
Assorted Pudding  
Pies, Pastries and much more)

Visit Our Bakery Daily for Gluten Free Cakes, Cookies, Pies,  
Pastries and Much More!

